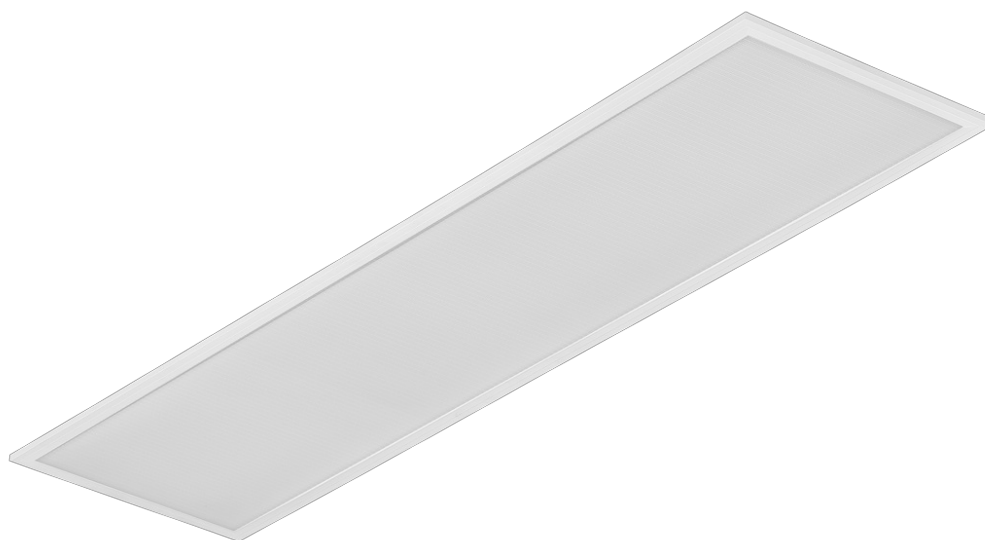


# CONTRA LED 1195X295MM 4500LM 840 IP40/20 II CL. PRM PS 31W DALI

DETAILED CARD



## TECHNICAL PARAMETERS

<b>Index:</b>	375972
<b>Ingress protection:</b>	IP40/IP20
<b>Impact resistance:</b>	IK06
<b>Rated power of the luminaire [W]*:</b>	31
<b>Luminous flux [lm]*:</b>	4500
<b>Colour temperature [K]:</b>	4000
<b>Color rendering index (Ra) &gt;:</b>	80
<b>Energy efficiency class:</b>	C
<b>Electrical protection class:</b>	II
<b>Material of the body:</b>	coated aluminium

## CHARACTERISTICS

Contra LED versatile LED panel characterised by its low, slim profile and elegant design. Adapted for flush-mounted installation in modular ceilings, surface-mounted or suspended using an additional frame (available as an accessory). Luminaire with integrated energy-saving LED module, made of white painted aluminium profile, equipped with structured multi-layer PS MAT or PRM shade for perfect light diffusion.

## APPLICATION

The luminaire is intended for indoor use in office (offices, conference rooms) or representative use (hotels, restaurants); illumination of public facilities, including hospitals, educational facilities, offices, halls, garages, passageways, warehouses, shops, as well as in the food industry and food-related retail and service facilities. The unique design and excellent light performance enable CONTRA LED to be used as the main source of light, also for work that requires visual focus. The lamp is suitable for both new applications and the replacement of traditional T8 and T5 luminaires with energy-efficient LED solutions.

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## TECHNICAL PARAMETERS TABLE

Index:	375972	Dimensions (H/W/T/S) [mm]:	1195/295/30
EAN:	5905963375972	Impact resistance:	IK06
Light source:	LED	Ingress protection:	IP40/IP20
Rated power of the luminaire [W]:	31	Mounting version:	podtynkowy, natynkowy, zwieszany
Supply voltage [V]:	220-240	Working temperature [°C]:	from 0 to +35
Frequency [Hz]:	50-60	UGR (4H8H):	<19
Luminous flux [lm]:	4500	DIMM DALI:	yes
Luminous efficacy [lm/W]:	145	Number on the palette [pcs]:	50
Energy efficiency class:	C	Net weight [kg]:	1.200
Electrical protection class:	II	Category type:	troffers
Colour temperature [K]:	4000	LED lifespan L70B50 [h]:	228000
Color rendering index (Ra) >:	80	LED lifespan L80B10 [h]:	143000
SDCM:	2	LED lifespan L90B10 [h]:	68000
Beam angle [°]:	115	Power factor:	0.90
Surge protection [kV]:	2	Additional accessories:	ramka natynkowa, system zwieszania
Diffuser material:	PS	Warranty [years]:	5
Diffuser type:	PRM	CE certificate:	<a href="#">26/2025</a>
Diffuser colour:	transparent	PZH certificate:	<a href="#">B-BK-60112-0081/2024</a>
Optics material:	PMMA	Manual:	<a href="#">Download PDF</a>
Optics:	lens	ISO Certificates:	9001:2015, 14001:2015, 45001:2018, 50001:2018
Material of the body:	coated aluminium	Plik LDT:	<a href="#">Download</a>
Colour of the body:	white		

# CONTRA LED 1195X295MM 4500LM 840 IP40/20 II CL. PRM PS 31W DALI

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## ACCESSORIES AVAILABLE

index	Name
374715	CONTRA LED surface-mounted frame CLICK 600x600x65mm
374708	CONTRA LED surface-mounted frame CLICK 1200x300x65mm
374692	CONTRA LED suspension system 1200x300
374685	CONTRA LED suspension system 600x600
374838	CONTRA LED MOUNTING CLIPS IN KG (4PCS)
374845	Frame adapter KG 635x635 WHITE
374852	Frame adapter KG 1235x335 WHITE
998966	Frame steel white structure RAL9016 600x600 SM "well effect"
374722	CONTRA LED suspension system 600x600 DALI
374739	CONTRA LED - suspension system 1200x300 DALI
761294	Emergency module 2W/10-50V Li-ION EMG-A-Li-2L 3h 3.6V 2.5Ah AT - CONTRA (GKO)



CONTRA LED surface-mounted frame  
CLICK 600x600x65mm (374715)



CONTRA LED surface-mounted frame  
CLICK 1200x300x65mm (374708)



CONTRA LED suspension system  
1200x300 (374692)



CONTRA LED suspension system  
600x600 (374685)



Frame adapter KG 635x635  
WHITE (374845)



Frame steel white structure RAL9016  
600x600 SM "well effect" (998966)

Card creation date: 04 December 2025

The company reserves the right to make design changes or upgrades in the presented product. Product data sheet does not constitute an offer. \* Parameter tolerance is +/- 10%



This product is a subject to electric and electronic waste equipment regulations (WEEE).



Certificate CE - Nr: 26/2025