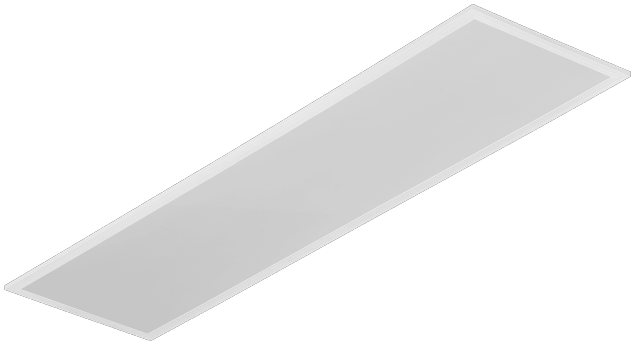
CONTRA PLUS LED 1195X295MM MULTI 3200-4900LM 840/830 IP40/IP20 II CL. MAT PMMA 26-39W DALI

DETAILED CARD



TECHNICAL PARAMETERS

Index:	374814
Rated power [W] - range:	26-39
Luminous flux of the luminaire [lm] - range:	3200-4900
Colour temperature [K] - range:	4000/3000
Ingress protection:	IP40/IP20
Impact resistance:	IK03
Color rendering index (Ra) >:	80
Energy efficiency class:	D
Material of the body:	coated aluminium
Diffuser material:	PMMA

CHARACTERISTICS

Contra Plus LED versatile LED panel characterised by its low, slim profile and elegant design. Adapted for flush-mounted installation in modular ceilings, surface-mounted or suspended using an additional frame (available as an accessory). Luminaire with integrated energy-saving LED module, made of white painted aluminium profile, equipped with structured multi-layer PMMA MAT or PRM shade for perfect light diffusion. MULTI version. Choose from 2 light colours (3000K and 4000K) and 8 brightness levels in one LED panel thanks to the built-in switch.

APPLICATION

The luminaire is intended for indoor use in office (offices, conference rooms) or representative use (hotels, restaurants); illumination of public facilities, including hospitals, educational facilities, offices, halls, garages, passageways, warehouses, shops, as well as in the food industry and food-related retail and service facilities. The unique design and excellent light performance enable CONTRA PLUS LED to be used as the main source of light, also for work that requires visual focus. The lamp is suitable for both new applications and the replacement of traditional T8 and T5 luminaires with energy-efficient LED solutions.

CONTRA PLUS LED 1195X295MM MULTI 3200-4900LM 840/830 IP40/IP20 II CL. MAT PMMA 26-39W DALI

DETAILED CARD

TECHNICAL PARAMETERS TABLE

Index:	374814
EAN:	5905963374814
Light source:	LED
Rated power [W] - range:	26-39
Luminous flux of the luminaire [lm] - range:	3200-4900
Colour temperature [K] - range:	4000/3000
Supply voltage [V]:	220-240
Frequency [Hz]:	50-60
Luminous efficacy [lm/W]:	123
Energy efficiency class:	D
Electrical protection class:	II
Color rendering index (Ra) >:	80
SDCM:	2 (4000K), SDCM 1 (3000K)
Beam angle [°]:	110
Surge protection [kV]:	1
Diffuser material:	PMMA
Diffuser type:	matt
Diffuser colour:	milky
Optics material:	PMMA
Optics:	lens
Material of the body:	coated aluminium
Colour of the body:	white

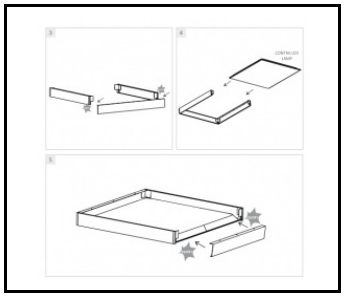
DIMM DALI:	yes
Dimensions (H/W/T/S) [mm]:	1195/295/39
Impact resistance:	IK03
Ingress protection:	IP40/IP20
Mounting version:	podtynkowy, natynkowy z akcesorium, zwieszany z akcesorium
Working temperature [°C]:	from 0 to +35
Dimensions of single box [mm]:	1260
Number on the palette [pcs]:	50
Net weight [kg]:	1.200
Category type:	troffers
LED lifespan L70B50 [h]:	228000
LED lifespan L80B10 [h]:	143000
LED lifespan L90B10 [h]:	68000
Light distribution type:	lambertian
Additional accessories:	ramka natynkowa, system zwieszania
Warranty [years]:	5
CE certificate:	27/2025
Manual:	Download PDF
Photobiological safety:	RG0 - exempt (no photobiological hazard)
ISO Certificates:	9001:2015, 14001:2015, 45001:2018, 50001:2018
Plik LDT:	Download

CONTRA PLUS LED 1195X295MM MULTI 3200-4900LM 840/830 IP40/IP20 II CL. MAT PMMA 26-39W DALI

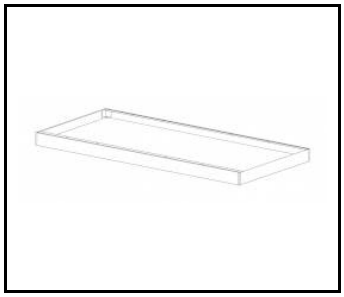
DETAILED CARD

ACCESSORIES AVAILABLE

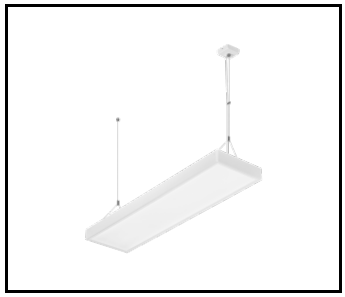
index	Name
374715	CONTRA LED surface-mounted frame CLICK 600x600x65mm
374708	CONTRA LED surface-mounted frame CLICK 1200x300x65mm
374692	CONTRA LED suspension system 1200x300
374838	CONTRA LED MOUNTING CLIPS IN KG (4PCS)
374845	Frame adapter KG 635x635 WHITE
374852	Frame adapter KG 1235x335 WHITE
374722	CONTRA LED suspension system 600x600 DALI
374739	CONTRA LED - suspension system 1200x300 DALI
761294	Emergency module 2W/10-50V Li-ION EMG-A-Li-2L 3h 3.6V 2.5Ah AT - CONTRA (GKO)



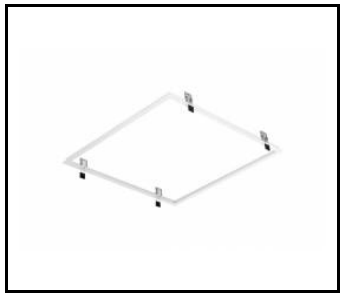
CONTRA LED surface-mounted frame CLICK 600x600x65mm (374715)



CONTRA LED surface-mounted frame CLICK 1200x300x65mm (374708)



CONTRA LED suspension system 1200x300 (374692)



Frame adapter KG 635x635 WHITE (374845)

Card creation date: 13 February 2026

The company reserves the right to make design changes or upgrades in the presented product. Product data sheet does not constitute an offer. * Parameter tolerance is +/- 10%

This product is a subject to electric andelectronic waste equipment regulations (WEEE).

Certificate CE - Nr: 27/2025

LENA LIGHTING

Lena Lighting S.A.
ul. Kórnicka 52, 63-000 Środa Wielkopolska
tel. +48 61 28 60 333 (Pn-Pt, 8-16), e-mail: hello@lenalighting.pl, www.lenalighting.pl